

| | Montag | Dienstag | Mittwoch | Donnerstag | Freitag | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| 02.02.2026 – 06.02.2026 | <p>Montag</p> <ul style="list-style-type: none"> - Makkaroni, dazu Geflügelschinkenstreifen und Erbsen in Sahnesauce (a1,c,g,A) - Vegetarisch: Ohne Schinkenstreifen(a1,c,g,A) - Obst | <p>Dienstag</p> <ul style="list-style-type: none"> - Rinderhackfleisch mit Paprika und Zwiebeln in Rahmsauce, dazu Kartoffeln (g,A,i) - Vegetarisch: Gemüsesauce (g,A,i) | <p>Mittwoch</p> <ul style="list-style-type: none"> - Reis-Gemüse-Pfanne mit Kichererbsen, dazu Kräutersauce (h3,i,g,A) - Obst | <p>Donnerstag</p> <ul style="list-style-type: none"> - Linguine mit fruchtiger Tomatensauce, dazu Salat (a1,c,i) | <p>Freitag</p> <ul style="list-style-type: none"> - Blumenkohl-Kartoffelsuppe, dazu Baguette(g,A,a1) - Dessert (g,A) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 09.02.2026 – 13.02.2026 | <p>Montag</p> <ul style="list-style-type: none"> - Pasta mit Brokkoli-Lachs-Sauce (a1,c,g,A,d) - Obst | <p>Dienstag</p> <ul style="list-style-type: none"> - Ofenkartoffeln mit Kräuterquark, dazu Salat (g,A) | <p>Mittwoch</p> <ul style="list-style-type: none"> - Geflügelbratwurst mit roter Currysauce, dazu Gemüsereis (B,i) - Vegetarisch: - Gemüsebratling(a1,c,i) - Obst | <p>Donnerstag</p> <ul style="list-style-type: none"> - Spaghetti Bolognese (a1,c,i) - Vegetarisch: Gemüsebolognese (a1,c,i) | <p>Freitag</p> <ul style="list-style-type: none"> - Lauch-Kartoffelsuppe, dazu Baguette (g,A,a1) - Dessert (g,A) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | <p>Legende der Allergieauslösenden Lebensmittel</p> <table> <tbody> <tr> <td>a</td><td>Glutenhaltiges Getreide</td> <td>c</td><td>Eier</td> <td>h1</td><td>Kidneybohnen</td> <td>n</td><td>Schwefeldioxid und Sulfite</td> </tr> <tr> <td>a1</td><td>Weizen</td> <td>d</td><td>Fisch</td> <td>h2</td><td>Erbsen</td> <td>l</td><td>Lupine</td> </tr> <tr> <td>a2</td><td>Roggen</td> <td>e</td><td>Erdnüsse</td> <td>h3</td><td>Kichererbsen</td> <td>m</td><td>Mollusken (Weichtiere)</td> </tr> <tr> <td>a3</td><td>Hafer</td> <td>f</td><td>Soja</td> <td>h4</td><td>weiße Bohnen</td> <td>A</td><td>Milcheiweiß</td> </tr> <tr> <td>a4</td><td>Dinkel</td> <td>g</td><td>Milch (einschließlich Laktose)</td> <td>i</td><td>Sellerie</td> <td>B</td><td>Phosphat</td> </tr> <tr> <td>b</td><td>Krebstiere</td> <td></td><td></td> <td>j</td><td>Senf</td> <td></td><td></td> </tr> <tr> <td></td><td></td> <td></td><td></td> <td>k</td><td>Sesamsamen</td> <td></td><td></td> </tr> </tbody> </table> | a | Glutenhaltiges Getreide | c | Eier | h1 | Kidneybohnen | n | Schwefeldioxid und Sulfite | a1 | Weizen | d | Fisch | h2 | Erbsen | l | Lupine | a2 | Roggen | e | Erdnüsse | h3 | Kichererbsen | m | Mollusken (Weichtiere) | a3 | Hafer | f | Soja | h4 | weiße Bohnen | A | Milcheiweiß | a4 | Dinkel | g | Milch (einschließlich Laktose) | i | Sellerie | B | Phosphat | b | Krebstiere | | | j | Senf | | | | | | | k | Sesamsamen | | | | | | |
| a | Glutenhaltiges Getreide | c | Eier | h1 | Kidneybohnen | n | Schwefeldioxid und Sulfite | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| a1 | Weizen | d | Fisch | h2 | Erbsen | l | Lupine | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| a2 | Roggen | e | Erdnüsse | h3 | Kichererbsen | m | Mollusken (Weichtiere) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| a3 | Hafer | f | Soja | h4 | weiße Bohnen | A | Milcheiweiß | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| a4 | Dinkel | g | Milch (einschließlich Laktose) | i | Sellerie | B | Phosphat | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| b | Krebstiere | | | j | Senf | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | | k | Sesamsamen | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |